## **FABRICS & SUPPLIES**

Exclusive! Missy Fit Made To Measure DIY Stuffed Dress Form Body Replica Custom-Fit Sewing Pattern and a Complete Step-by-Step Sewing to complete the project.

You can replicate your figure by customizing belly protuberance, buttocks shape, posture and shoulder slope. In addition to our Fit Adjustments, you can add neck circumference, back width and other professional key measurements.

This pattern is NOT suitable to be put on a finished dress form and is meant to be fully stuffed with polyfil. The dress form sewing pattern will have a negative ease built in, which will allow for better measurement control during stuffing and the stuffed dress form will expand during the stuffing process to match you measurements.

If you want to make a dress form cover to cover your existent dress form, please add 10% to your Bust and Waist cirmumferences.

## What you will need:

- 1. Self (Main) fabric: Small to Large sizes  $-1\frac{1}{4}$  yards (1.10 m), Large to Extra Large sizes  $-1\frac{3}{4}$  yards (1.50 m) Plus Sizes  $-2\frac{1}{8}$  yards (2 m)
- 2. Fabric-based fusible woven interfacing: Small to Large sizes  $-1\frac{1}{4}$  yards (1.10 m), Large to Extra Large sizes  $-1\frac{3}{4}$  yards (1.50 m) Plus Sizes  $-2\frac{1}{8}$  yards (2 m) 3. Interlining/stabilizer from 3/4 yards (0.80 m) to  $1\frac{1}{4}$  yards (1m)
- 4. Cardboard 6 sq.ft (0.6 sq.m).
- 5. Sponge 3" (8 cm) in height, 7" (18cm) in width and 7" (18cm) in length; or stack 2x1.5" or 3x1" sponges.
- 6. Zipper 7"-9" (18-23 cm) 2 pieces
- 7. Craft glue.
- 8. Small razor knife.
- 9. Wooden, plastic or metal coat rack stand. The stand should be cut to reflect your height. The length of the stand is automatically calculated by the system and is listed on your pattern. You can also use a pre-manufactured adjustable dress form stand, which should not be cut. We provided the resources and links where you can buy the pre-manufactured stand and other

supplies below. You will need to know the diameter of the premanufactured stand and purchase a plastic tube (next point) to fit over the manufactured stand.

- 10. Plastic pipe tube, diameter from 1 1/8" (3 cm) to 2" (5 cm). We recommend buying a 38" long pipe for standard heights and 48" for very tall. You will have to cut the pipe to the length, recommended on the pattern. This length is automatically calculated by the system to fit your unique height.
- 11. Polyester Fiber Fill Poly-Fil: 5lb (2.3 kg) (smaller sizes) to 10lb (4.6 kg) (larger and plus sizes).

## HOW TO ORDER MADE-TO-MEASURE SEWING PATTERNS:

This sewing pattern will be custom fit to your measurements sewing, it is important to match notches and follow grain line direction. The pattern will be printed for you for the next class

Please note that fabric amount recommendations are approximate and averaged for all sizes and may differ for your personalized pattern.

To calculate exact fabric amounts required, print and assemble paper patterns and lay them out on your fabric width (use paper or other fabric as a width guideline, if you do not yet have your exact fabric).

## THIS PATTERN CAN BE CUSTOMIZED FOR THE FOLLOWING SIZES AND HEIGHTS:

Heights range from 4'7" to 6'6"

Recommended measurements are between for Misses Sizing Bust 17" to 58"

Waist 16" to 56"

Hips 18" to 56"

Also available in Plus Sizing if above the measurements above